



Most Common Poisoning

Plants are one of the most common causes of poisoning in children. It is important that you know the names of all the plants in your home and yard.

If you do not know the name of a plant, have it identified at your nearest landscape and gardening centre. If you do not find a plant on this list, please call the B.C. Poison Control Centre or search the links at www.dpic.org.

Be aware that pets may react differently to plants. Check with your veterinarian or search ASPCA Animal Poison Control Center website www.asPCA.org for toxicity in animals.

DO'S and DON'TS

1. **DO** record the name of each plant you have in or around your home.
2. **DO** keep poisonous house plants out of reach of young children. Store bulbs and seeds out of sight and out of reach.
3. **DON'T** eat any part of an unknown plant or mushroom. Teach your children never to put leaves, stems, bark, seeds, nuts or berries from any plant into their mouths.

What to Do for a Plant Poisoning

- 3 Remove any remaining plant parts from mouth.
- 3 If the victim is choking or having trouble breathing, call 9-1-1.
- 3 Otherwise, call B.C. Poison Control Centre.
- 3 If you are advised to go to hospital, take plant or part of the plant with you. Do not take only a single leaf or a single berry.
- 3 If you are advised to go to a nursery to get plant identified, keep in mind that plants are usually not quickly digested so there is time to get correct identification.
- 3 Knowing the plant name can prevent needless treatment and worry.

About the Poison Centre

- | B.C. Poison Control Centre provides telephone information 24 hours a day, seven days a week.
- | Specially trained pharmacists, nurses and doctors provide treatment advice for all kinds of poisonings and poison prevention.
- | You may be referred to a hospital or doctor's office, but most poisonings can be treated at home with advice from your poison control centre.
- | The poison control centre can send you poison prevention pamphlets and phone stickers.



B.C. Poison Control Centre

604-682-5050
1-800-567-8911



PLANT Awareness



TOXIC AND NON-TOXIC Plant Information



B.C.
POISON
CONTROL
CENTRE



BC Centre for Disease Control
AN AGENCY OF THE PROVINCIAL HEALTH SERVICES AUTHORITY

TOXIC PLANTS

The following plants can cause serious or life-threatening poisoning...

Castor bean
Death camas (*Zigadenus*)
Foxglove
Hellebore
Jequirity bean
Jimson weed (*Datura*)
Mushrooms
Oleander
Poison hemlock
Rosary pea
Tobacco
Water hemlock
Yew



The following plants contain a wide variety of poisons and may cause swelling of the mouth and throat, a mild stomach ache or skin rash. If eaten in large quantities, some may cause more serious poisoning. This is not a complete list.

Acorn	Jessamine (Yellow jasmine)
Anemone	Jonquil
Arrowhead vine	Laburnum
Azalea	Larkspur
Baneberry	Laurels
Bittersweet	Lily-of-the-Valley
Broom	<i>Lobelia</i>
Cactus (thorns)	Lupine
<i>Caladium</i>	Mistletoe
Calla lily	Morning glory seeds
Cherry laurel	Mother-in-Law (<i>Caladium</i>)
Crocus, autumn	Narcissus
Daffodil	Nightshade (Woody, Black, Deadly)
Daphne	<i>Oxalis spp.</i>
Delphinium	Peace lily
Devil's club	Periwinkle
<i>Dieffenbachia</i> (Dumb cane)	Devil's ivy
Elderberry	<i>Pieris japonica</i>
Elephant's ear (<i>Caladium</i>)	Philodendrons
English ivy	Poppy (not California)
Four o'clock	Potato-sprouts, leaves
Holly berries	Pothos
Horsechestnut	Privet
Horsetail reed	Ranunculus
Hyacinth	Rhododendron
Hydrangea	Rhubarb-not stalk
Iris (Flag)	Skunk cabbage
Ivy (Boston, English, others)	Stinging nettle
Jack-in-the-Pulpit	Tomato-vines, leaves
Jerusalem cherry	Waxberry
	Wisteria

NONTOXIC PLANTS



The following plants are considered non-poisonous. Any plant however, may cause an unexpected reaction especially in young children. Some can cause skin rash.

African violet
Aloe vera
Aluminum plant
Aralia, False
Arbutus
Asparagus fern
Aspidistra (cast iron plant)
Aster
Aucuba japonica
Baby's tears
Bamboo
Bird's nest fern
Blood leaf plant
Boston fern
Bougainvillea
California poppy
Camelia
Carnation
Chinese evergreen
Christmas cactus
Chrysanthemum
Coleus
Corn plant
Cotoneaster
Crab apples
Creeping charlie
Creeping jennie
Croton (*Codiaeum*)
Dahlia
Daisies
Dandelion
Dogwood
Donkey tail
Dracena
Echeveria
Eucalyptus
Eugenia
Fig (*Ficus*)
Fuchsia
Gardenia
Geranium
Gloxinia
Grape ivy

Hens-and-Chickens fern
Hibiscus
Honeysuckle
Hoya
Ice plant
Impatiens
Jade plant
Kalanchoe
Lilac
Lily (Day, Easter, Tiger)
Lipstick plant
Magnolia
Marigold
Monkey plant
Mother-in-law tongue
Mountain ash
Nasturtium
Norfolk island pine
Orchid
Oregon grape
Palm
Pansy
Peperomia
Petunia
Piggy-back plant
Prayer plant
Purple passion
Pyracantha
Rose
Rubber plant
Salal
Sansevieria
Saskatoon berry
Schefflera
Sensitive plant
Siberian pea tree (*Caragana*)
Spider plant
Swedish ivy
Tulip-bulb
Umbrella tree (*Schefflera*)
Violets
Wandering jew
Yucca
Zebra plant